

# Got a Minute? 60-Second Activities to Revisit Content

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No time for long learning activities that review content you've just covered? Here are five short, quick ways to have learners revisit content in a minute or less.



## #1: Quick Think!

After about ten minutes of content-delivery, pause and tell learners to think about what they've just heard. Give them about 10 seconds to do this (count the seconds – the silence will feel uncomfortable to you, at first). Then follow the Quick Think with one of the activities listed below.



## #2: Quick Talk!

Direct learners to turn to a person seated near them (making sure that no one is left out) and to tell that person three facts they just learned about the topic. Give them about 45 – 60 seconds to do so. Then continue your content-delivery.



## #3: Quick Write!

Give learners 45 – 60 seconds to write a short summary of what they have just learned. If you want to add another 15 seconds to the Quick Write, direct learners to read their summaries to someone seated near them.



## #4: Quick Stretch!

Pause your content-delivery and suggest that learners do a quick stretch (either sitting or standing) to reenergize their body and to get more oxygen flowing to their brain. You can also lead a quick stretch and have learners mirror the stretch as you do it. Then follow the stretch with a Quick Talk or Quick Write.



## #5: Quick Call Out!

Have learners take turns calling out facts they've just learned about the topic until a pre-determined number of facts is reached. Accept all responses. If a response isn't correct, say, "We'll revisit that fact" and make a mental note to re-teach the information.